## Abstract

Recent advancements in technology have enabled experimentalists to probe the charge order of the cuprates more easily. We use <sup>139</sup>La NMR measurements of La<sub>2-x</sub>Sr<sub>x</sub>CuO<sub>4</sub> for doping concentrations of x=0.13, 0.115 and 0.10, plotting the first charge order dome of La<sub>2-x</sub>Sr<sub>x</sub>CuO<sub>4</sub> obtained using NMR. We found that the spin-lattice relaxation rate can be split into a fast and slow component below the charge ordering temperature. Based on a two-component analysis of the nuclear relaxation curves, we estimate the volume fraction, I<sub>fast</sub>, of the CuO<sub>2</sub> planes hosting fast relaxing <sup>139</sup>La sites that are under the influence of enhanced low frequency Cu spin fluctuations triggered by charge order. I<sub>fast</sub> is not 100% immediately below T<sub>charge</sub>. Instead, I<sub>fast</sub> progressively grows and reaches ~80% for x=0.13 and 100% for x=0.10 and 0.115 far below T<sub>charge</sub> at ~10K.